



The Georgia Interscholastic Cycling League

844 Shady Falls Road

Blue Ridge, GA 30513

(678) 662-1869

www.georgiamtb.org

Georgia Interscholastic Cycling League Rolls Into Heritage Park for 3rd Race of the Season this Sunday **GA League Recognized as One of NICA's Fastest Growing Leagues in Southeast**

Atlanta, GA - For Release – October 4, 2016 - The Georgia Interscholastic Cycling League (Georgia League), a mountain biking league for middle and high school students, will host its 3rd race of the season - The Heritage Classic - at Heritage Park in Watkinsville this Sunday, October 10th. The High School Girls will roll out for the first start of the day at 10am, with middle schoolers taking off at Noon, and the High School Boys at 1:00pm. Two Athens area teams – the Athens Area Composite team and the Apalachee High School team will defend their home turf, hoping to top the podium! More information on the Heritage Classic race available at: <http://georgiamtb.org/2016-races/>.

The Crank Sisters will be hitting the Heritage course for an All Girls Pre-Ride on Saturday, October 8th from 2-4pm! All middle school and high school female student athletes are encouraged to come ride with the Crank Sisters Ride Leaders so they can check out one of the more technical courses of the year, session tricky sections, and, most importantly, have fun! For more information on the Crank Sister Pre-ride, visit the [Crank Sister's Facebook page](#).

This past June, the GA League was recognized as one of the fastest growing leagues in the Southeast by its umbrella organization, the National Interscholastic Cycling Association (NICA). NICA also recognized the GA League for leading the way in female student and adult recruitment through its [Crank Sisters](#) program. The GA League continues to pedal its way to success by doubling its participation numbers for the second season in a row. Over 400 registered student-athletes, 150 coaches, and 30 teams are participating in the fall 2016 season. The League kicked off the season on September 11th at the Georgia International Horse Park in Conyers. After Heritage Park, the two remaining races will be held on October 25th at Evans Farm in White, GA, and the Georgia Peach State Championships on November 6th at Dauset Trails, in Jackson, Georgia. Click [HERE](#) for more information on the 2016 season schedule.



"We've had amazing positive new growth in terms of adding new teams and creating new programs to continue to get #morekidsonbikes in GA," said League Director, Kenny Griffin. "I'm especially proud to be recognized by NICA for all our hard work and efforts to grow the GA League. But, through all our growth and development this off-season, I'm most proud to say that we continue to put quality at the forefront of our programs to help create confident

and responsible young adults with an opportunity to learn about and participate in healthy and active lifestyles."

In addition to the 20+ teams already in the league ([complete team list](#)), twelve new teams hit the trails for the 2016 season including teams from: Apalachee High School, Anderson, SC, Chestatee High School, Columbus Composite, Gainesville Composite, Issaqueena Composite, Johnson High School, Mill Creek High School, North Fulton Composite, Rabun County, Rome Composite, and Sope Creek Composite in Marietta.

The Georgia League is a 501c3 nonprofit organization currently operating under the National Interscholastic Cycling Association (NICA) umbrella, providing exclusive mountain biking programs for middle and high students. The Georgia League is one of nineteen leagues in eighteen states overseen by NICA, established in 2009, with over 7,600 student-athletes and 3,100 licensed coaches participating across the nation. The Georgia League is open to all Georgia students, regardless of ability, believing that cycling is about lifelong health, not just today's win. Scholarships and loaner bikes are available to students in need. For more information about starting a team in your area, League Sponsorship or Volunteer information, or for more information on the Georgia League and the 2016 season schedule, visit www.georgiamtb.org or connect with them on Facebook at <https://www.facebook.com/georgiamtb>, on Twitter at [@gambtleague](#), or on Instagram at [georgiamtbleague](#).

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Contact: Donna Fezell, Grunduski Group – 404-290-1929

Terri Grunduski, Grunduski Group – 404-226-7497